



GIVE THE BASICS

Providing basic necessities such as full size toiletries and over the counter medication is a rewarding way to support a family this holiday season. Your gifts are more than a kind gesture - they represent joy, hope, and peace that everyone deserves. Simply follow the steps below to get started.

Select your items.

Review the list below of our most current, most needed requests and decide what you'd like to donate. You may buy as few or as many items as you like, but please make sure everything is new.

- **Cold and sinus tablets**
- **Cough syrup**
- **Acetaminophen (Tylenol)**
- **Ibuprofen (Advil)**
- **Deodorant**
- **Feminine Hygiene Products**
- **Body Wash**
- **Toothpaste**
- **Shampoo and Conditioner**
- **Bus Passes**
- **Gift cards**

Gift cards are vital because they give our patients the power to choose how to use your gift. Increments of up to \$25 are preferred. If you feel moved to donate more than \$25, please break the amount into multiple cards of \$25 or less so we can ensure all clients receive equal gifts. Most needed gift cards include Super Saver, Super C, Caseys, Russ's, and HyVee.

Make your purchase and deliver!

Please schedule your gift drop off as soon as possible. Email Ronald at ronald@clinicwithaheart.org or call 402.404.0454 at your earliest convenience to schedule your gift drop off date and time.

THANK YOU! Your donations are so very appreciated!