



# 2019 Free Healthcare Clinic Schedule

1701 S. 17<sup>th</sup> St., Suite 4G (lower level) ♥ Lincoln, NE 68502

(402) 421-2924 ♥ ClinicWithAHeart.org

**Free, walk-in (no appointments) healthcare clinic.** Patients are seen **first-come, first-served.**  
 (Patients under 19 must be accompanied by parent or legal guardian)

**Waiting Room opens at 2pm and clinic doors open at 4:00pm.** All care is provided by volunteers.

	<b>Mondays</b>	<b>Tuesdays</b>	<b>Thursdays</b>
<b>Week 1</b>	<b>Medical &amp; Chiropractic</b> Dates: 1/7, 2/4, 3/4, 4/1, 5/6, 6/3, 7/1, 8/5, 10/7, 11/4, 12/2	<b>Medical &amp; Dental Screening</b> Dates: 2/5, 3/5, 4/2, 5/7, 6/4, 7/2, 8/6, 9/3, 10/1, 11/5, 12/3	<b>Medical &amp; Mental Health</b> Dates: 1/3, 2/7, 3/7, 4/4, 5/2, 6/6, 8/1, 9/5, 10/3, 11/7, 12/5
<b>Week 2</b>		<b>Medical &amp; Dental Screening</b> Dates: 1/8, 2/12, 3/12, 4/9, 5/14, 6/11, 7/9, 8/13, 9/10, 10/8, 11/12, 12/10	<b>Medical, Mental Health &amp; Chiropractic</b> Dates: 1/10, 2/14, 3/14, 4/11, 5/9, 6/13, 7/11, 8/8, 9/12, 10/10, 11/14, 12/12
<b>Week 3</b>		<b>Medical, Dental Screening</b> Dates: 1/15, 2/19, 3/19, 4/16, 5/21, 6/18, 7/16, 8/20, 9/17, 10/15, 11/19, 12/17	<b>Medical, Mental Health, Hearing Screenings &amp; Vision</b> Dates: 1/17, 2/21, 3/21, 5/16, 6/20, 7/18, 8/15, 9/19, 10/17, 11/21, 12/19
<b>Week 4</b>	<b>Physical Therapy</b> Dates: 1/28, 2/25, 3/25, 4/22, 6/24, 7/22, 8/26, 9/23, 10/28, 11/25	<b>Medical &amp; Dental Screening</b> Dates: 1/22, 2/26, 3/26, 4/23, 5/28, 6/25, 7/23, 8/27, 9/24, 10/22, 11/26	<b>Medical, Mental Health &amp; Chiropractic</b> Dates: 1/24, 2/28, 3/28, 4/25, 5/23, 6/27, 7/25, 8/22, 9/26, 10/24
<b>Week 5</b>		<b>Medical &amp; Dental Screening</b> Dates: 1/29, 4/30, 7/30, 10/29	<b>Medical &amp; Mental Health</b> Dates: 1/31, 5/30, 8/29

\*Please note, we do not hold clinics on holidays

***We are grateful to the mission team volunteers who run our free healthcare clinics:***

St. Mark's United Methodist Church ♥ Southwood Lutheran Church ♥ Saint Paul United Methodist Church  
 ♥ Sheridan Lutheran Church ♥ First-Plymouth Congregational Church ♥ First-Presbyterian Church

# 2019 Clínica de salud gratuita

1701 S. 17<sup>th</sup> St., Suite 4G (bajando las escaleras) ♥ Lincoln, NE 68502

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*Clinica gratuita sin cita previa. Abierta cada martes, jueves, y el primer lunes de cada mes. Nuestra sala de espera abre a las 2 p.m. y comenzamos a aceptar pacientes a las 4 p.m. Se atiende en orden de llegada. Pacientes menores de 19 años deben estar acompañados por un padre o tutor legal. Todas las clínicas se encuentran en:*

	Lunes	Martes	Jueves
<b>Semana 1</b>	<b>Clínica médica y quiropráctica</b> fechas: 1/7, 2/4, 3/4, 4/1, 5/6, 6/3, 7/1, 8/5, 10/7, 11/4, 12/2	<b>Clínica médica y dental</b> fechas: 2/5, 3/5, 4/2, 5/7, 6/4, 7/2, 8/6, 9/3, 10/1, 11/5, 12/3	<b>Clínica médica y de salud mental</b> fechas: 1/3, 2/7, 3/7, 4/4, 5/2, 6/6, 8/1, 9/5, 10/3, 11/7, 12/5
<b>Semana 2</b>		<b>Clínica médica y dental</b> fechas: 1/8, 2/12, 3/12, 4/9, 5/14, 6/11, 7/9, 8/13, 9/10, 10/8, 11/12, 12/10	<b>Clínica médica, quiropráctica y de salud mental</b> fechas: 1/10, 2/14, 3/14, 4/11, 5/9, 6/13, 7/11, 8/8, 9/12, 10/10, 11/14, 12/12
<b>Semana 3</b>		<b>Clínica médica, dental</b> fechas: 1/15, 2/19, 3/19, 4/16, 5/21, 6/18, 7/16, 8/20, 9/17, 10/15, 11/19, 12/17	<b>Clínica médica, de visión, audiología y de salud mental</b> fechas: 1/17, 2/21, 3/21, 5/16, 6/20, 7/18, 8/15, 9/19, 10/17, 11/21, 12/19
<b>Semana 4</b>	<b>Terapia Fisica</b> fechas: 1/28, 2/25, 3/25, 4/22, 6/24, 7/22, 8/26, 9/23, 10/28, 11/25	<b>Clínica médica y dental</b> fechas: 1/22, 2/26, 3/26, 4/23, 5/28, 6/25, 7/23, 8/27, 9/24, 10/22, 11/26	<b>Clínica médica, quiropráctica y de salud mental</b> fechas: 1/24, 2/28, 3/28, 4/25, 5/23, 6/27, 7/25, 8/22, 9/26, 10/24
<b>Semana 5</b>		<b>Clínica médica y dental</b> fechas: 1/29, 4/30, 7/30, 10/29	<b>Clínica médica y de salud mental</b> fechas: 1/31, 5/30, 8/29