



## The Pulse from Clinic with a Heart

December 2009

### A Christmas Miracle



Last year was my first Christmas working at Clinic with a Heart. I saw first-hand the toll holidays take on so many of our patients. Everyday stresses are compounded as families deal with holiday expectations. Over eighty percent of our clients make less than \$16,000 a year. Day to day survival can be hard enough - add, on top of that, a health concern and the stress can seem overwhelming.

For many, one of the miracles of Christmas is finding Clinic with a Heart and seeing a medical provider. The miracle is more than that - it is an experience of being treated with respect, possibly for the first time in a long time. It is the smile from having your vitals taken by someone wearing a Santa hat. It is having someone listen to your story without trying to get you to hurry up. It is being in the middle of this culture of giving. Patients may not know why it feels so good to be around the volunteers - but they know it is.

I am so thankful to be involved with this Christmas Miracle. The holidays have become even more sacred for me as I am reminded weekly of the rich blessings in my own life. To all our Clinic with a Heart friends -- Merry Christmas!

Peace,  
Teresa M. Kasmo, Executive Director

### A Busy Holiday Calendar

Please join us for these fun holiday events!



- **2009 Keelans & Musical Friends Annual Christmas Celebration Benefit Concert for Clinic with a Heart**

The 22nd annual concert will be presented Sunday, December 20 at 7:15 p.m. at Rosemont Alliance Church and will feature Malley & the Holiday Concert Singers; including Mac McCune, trumpeter; Wilma Sundeen and Joan Allen, pianists; Jana Holzmeier, soprano soloist; Robert Jenkins, oboist; Julie Enersen, vocalist.

Proceeds will go to Clinic With a Heart. Sponsors are Lincoln Advertising Federation and Butherus, Maser & Love Funeral Home. This promises to be a wonderful "show" in the same mode as past holiday music endeavors, with some excellent choral work, marvelous vocal and instrumental soloists, a special Christmas reading and, of course, several medleys of beloved carols in which the audience will join the performing artists. We hope to see you there!

- **Woods Bros Realty -- Holiday House Charity Event**

Come see a beautiful 1928 Tudor style home in the county club neighborhood all decked out for the holidays. The interior is being decorated exclusively by Lee Douglas Interiors and outdoor lighting is being installed by Festive Expressions.

**Where:** 2845 Manse Avenue, 1928 English Tudor Home in the Country Club Neighborhood

**When:**  
December 17 Donors & Volunteers 4-8 p.m.  
December 18 Country Club Neighbors 4-8 p.m.  
December 19-20 Open to the Public 2-8 p.m

Tickets \$5 at the door or pre-sold by: Clinic with a Heart (402) 421-2924.

### Welcome Eric, Thank you Bo



Joining us as Chiropractic Director is Dr. Eric Timperley (pictured). Dr. Timperley received his B.S. degree from UNL in 2005 and is a 2008 graduate of Parker College of Chiropractic in Dallas, where he graduated Valedictorian. Since 2008 he has been working at the Mosier/Timperley Chiropractic Clinic where he works with his father, cousin and four other doctors.

Eric and his wife Erica have one daughter Claire Born March 25th 2008. Please join us in welcoming Dr. Timperley to this new role.

In 2004, Dr. Bo Bryson of Trinity Chiropractic offered to develop the chiropractic services for Clinic with a Heart. He recruited volunteers and set a service schedule every year. Today ten Chiropractors volunteer aided by ten assistants. Patients often express their gratitude at having this service available.

Clinic with a Heart would like to thank Dr. Bryson for his years of service as Chiropractic Director. His dedicated service is greatly appreciated.

### Save the Date -- Prescription for Hope 2010

We've begun planning our big spring gala -- the fifth annual Rx for Hope. This is our major fundraising event for the year. Mark your calendars for **Friday, April 30**. We have a wonderful committee working on all the details; invitations will be sent out early in 2010. If you or your business has an activity or item you would donate to the silent or live auction, please contact us at 402-421-2924.



### Quick Facts

Between January and November of 2009:

- There have been 2,427 patient visits to our clinics.
- 29% of our patients do not speak English when they are at home.
- 92% of our patients are uninsured.
- 46% of our patients said they would have gone to the emergency room if they wouldn't have been able to come to Clinic with a Heart.

**[Teresa Harms, Executive Director](#) -- 402-421-2924**  
**[Shirley Foster, Director of Volunteers](#) -- 402-499-6470**  
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