

# The Pulse



## Welcome Teresa Harms

The Board of Directors and volunteers with Clinic with a Heart would like to welcome Teresa Harms as the Executive Director. Teresa comes to clinic from Ameritas where she managed the Marketing Research function of the group dental division. Teresa also, serves on the board for Matt Talbot Kitchen Outreach and the Adjunct Faculty for the Wesleyan Advantage program. Teresa and her husband Allen reside in Lincoln.

## New Tuesday Clinic!

Beginning in August, St. Paul will be moving its clinic night from the 4th Thursday to the 4th Tuesday of each month. Their first Tuesday clinic will be offered on August 26th from 5:30 p.m. until 7:00 p.m. St. Paul will continue to offer primary care, dental screenings and physical therapy care. The clinic coordinator is Alynn Sampson who has been with clinic for 2 years. Thank you St. Paul volunteers for your dedication and time!

## May 19th, Clinic with a Heart celebrated 5 years!

On May 19th, Clinic with a Heart celebrated 5 years of serving the medical needs of patients in Lincoln and surrounding communities. Volunteers were honored with two local billboards and an ad in the Lincoln Journal Star. Also, volunteers registered at clinics for a drawing of a savings bond. The bond winner was Judy Schaffer of Southwood.



### CLINIC DATES AND TIMES

*Clinic times are 5:30 - 7:00 p.m., no appointment necessary.*

July: 1st, 8th, 15th and 24th

August: 5th, 12th, 19th and 26th

September: 2nd, 9th, 16th and 23rd

### *Our Mission*

*Our mission is to help ensure good health for area residents by providing access to medical care.*

## From the desk of Teresa Harms, Executive Director

*The J.A.C.K. teddy bear program has offered a box of teddy bears to us for distribution at our clinics. Please share these with our kids!*

*There are water pitchers labeled CWAH and styrofoam cups and juice boxes available for clinic patients. These items are located in the cage.*

*New patient files are available in the file cabinets. The forms have all been sorted, updated and ready for use.*

*Thank you Jo Sheets for all of your contributions to CWAH! Welcome Heidi Longe, new Southwood clinic coordinator.*

## Volunteer Spotlight

“Last month at clinic we had 2 patients that spoke Vietnamese and we did not have an interpreter. The intake volunteer did the best she could, but indicated to me that it may be very difficult for the physician because they spoke very little English. I have spent a lot of time with my friend Lis' mom (Be) who speaks Vietnamese and lives in Oregon . I knew that she often took her family to the doctor and interpreted for them. I found Be's phone number and called her from my cell phone to ask her if she would interpret over speaker phone for us. She was happy to help. So, when Dr. T was ready to see the two Vietnamese women, I put Be on speaker phone all the way from Oregon . We even called her again when the patients went thru checkout.

It was great listening to them talk back and forth in Vietnamese. After we were done,

the 2 women practically pulled the phone out of my hands to thank Be. They were so grateful to be helped! They continued to thank me as they checked out. We could not help them with everything but were very grateful!

The next week, Be came to Lincoln to visit us and said that she really enjoyed helping them over the phone. She still remembers the women's names and wanted to know how they were doing. It is so nice to be able to pull everything together to help the patients at CWAH.” *Heidi, Southwood*

*What a great reminder of the kindness our volunteers give to our patients. Thank you!*

### From Patient to Volunteer

*“What a blessing these people are! They are so friendly.”*

## UNMC College of Dentistry and LPS Starting in August

The next UNMC College of Dentistry Share dental clinic will be held on September 18th from 5:30 to 8:30 p.m. To date the College of Dentistry has held three clinics, helped approximately 110 patients and performed about 500 procedures. Thank you to the staff and volunteers that have made these clinics a possibility!

Beginning in August, CWAH will be partnering with Lincoln Public Schools to provide medical care to low income students who might be missing school due to minor illnesses. This will help in keeping students healthier and in school where they can focus on their education.