



## **THE PULSE E-NEWSLETTER**

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### ***MISSION STATEMENT***

*Our mission is to help ensure good health for area residents by providing access to medical care for residents of Lincoln and the surrounding communities who have encountered barriers to care including: financial, insurance, language, legal, and awareness.*

### ***WELCOME NEW BOARD MEMBERS***

Clinic with a Heart Board of Directors and volunteers would like to welcome Janet Endorf-Olson and David Wysong.

### ***WELCOME NEW EXECUTIVE DIRECTOR***

Clinic with a Heart Board of Directors and volunteer staff would like to welcome Cindi McNair as the new Executive Director. Cindi has a diverse background in marketing, leadership, fundraising and community service. She most recently was the Divisional Director of Operations for Bickford Cottage Assisted Living. She has been a volunteer on mission trips to Honduras and Nicaragua with Southwood Lutheran Church and believes in our mission with great enthusiasm and commitment. Cindi's new email address is [cmcnair@clinicwithaheart.org](mailto:cmcnair@clinicwithaheart.org).

### ***LUKE'S HOUSE, NEW ORLEANS, LA***

Luke's House located in New Orleans, LA is set to open **November 13, 2007**. The success of this new clinic is due to the notable efforts of Dr. Rob Rhodes and Pat Carlson.

## ***UPDATED WEBSITE FOR CLINIC WITH A HEART***

In *December of 2007*, Vipasolutions will offer Clinic with a Heart a restructured and improved website. The website will offer a vast amount of information including;

- Donating to CWAH
- History of CWAH
- Fundraiser information
- Volunteer information
- CWAH updates

**Look for our quarterly newsletter link on the new website starting first quarter of 2008.**

### ***2008 FUNDRAISER***

The initial meetings have been held to set in motion the planning of the *April 12, 2008* fundraiser which will be held at Hillcrest Country Club. Information regarding this event will be shared with volunteers as the planning progresses.

#### **2007 Fundraiser**

Theta Chi Fraternity is hosting a fundraiser for a local mission and chose Clinic with a Heart to receive the proceeds. This event will be held during Wesleyan dead week on December 12, 2007 during the evening. If you are interested in selling or buying tickets to this event please contact Brett at 402-768-8684 or [bdye@neb.rweslyan.edu](mailto:bdye@neb.rweslyan.edu). This would be a great time for our volunteers to participate, network and support this fraternity for their generosity.

### ***PHYSICAL THERAPIST TO JOIN CLINIC WITH A HEART***

Clinic with a Heart is working collectively with a group of Physical Therapist to join the medical volunteer staff to assist patients with physical therapy and consultation during clinic nights. Once this agreement has been arranged more information will be provided.

### ***DENTAL MINISTRY***

Recently, Dr. Roger Fisher completed a Mission of Mercy in Lincoln, Nebraska. A summary of his undertaking follows.

*So many moments of gratitude, professional cooperation, excellence in dental care, hugs, tears, genuine handshakes, trusting when huge apprehension exist, thankfulness, fun in the eyes of fellow volunteers, appreciation of others to put together the chance to actually do dental care to help those in need. These are but a few of the emotions felt during the two days I spent at the Mission of Mercy. (To see the actual report go to [www.NEDental.org](http://www.NEDental.org) and click on the Mission picture.)*

*I took my staff and the experience was an eye opener for some of the first time to see massive in sync volunteers and dental professionals going step by step to give great dental care to a patient with apprehension. We did cosmetic tooth colored fillings from before sunrise to evening. One such patient, a lady, shook as we shook her hand. She revealed that she was a recovering meth addict of two years, she had turned her life around according to her mouth, but still had a tooth that maybe could be saved, with the wonders of modern dentistry we restore it so she again had a beautiful smile, so grateful she could not believe all those here would do that for her.*

*This happened right here in Nebraska. It shows that with vision, those in need can be helped. I share this with all of my fellow clinic volunteers to encourage you to ask those in need if they have a dental emergency checking in to our clinic. To support our monthly new Dentist that has volunteered to screen, but also pick patients that she or he may refer to there fellow Dentists that month in their offices. The steps of connecting with each other and with that patient to reach final care are getting better so lets keep on the consistent path our clinic offers to those in need.*

*Thanks to all of you,*

*Dr. Roger Fisher, Dentist at CWAH*

## ***VOLUNTEER NEWS***

Thank you, volunteers! Without your time, talents and prayer Clinic with a Heart would not be able to provide the healthcare and caring services that it does. Each week volunteers touch and change the lives of clinic patients, and they are very appreciative!

***From the desk of Cindi McNair, Executive Director***

Clinic with a Heart is moving! Beginning Nov. 6<sup>th</sup>, Clinics will be held at **Center for People in Need, 3901 N. 27<sup>th</sup> St., Unit 1**. The Harris overpass leading to Lincoln Action Program is scheduled to close Monday, November 12<sup>th</sup>. We will hold clinic as a **Walk-In clinic**, for November and December. The Center for People in Need holds a **Neighborhood Food Program distribution every Tuesday from 5:00-6:00 p.m.** This will coincide with the clinic hours on Tuesday.

This is an exciting time for Clinic! We will have the opportunity to serve even more patients. The Center for People in Need anticipates serving 200 clients in an hour, during November and December for the Neighborhood Food Program! These same people will have an opportunity to visit clinic. We will be under the same roof, in the same large room.

If you volunteer at clinic, we may anticipate a longer clinic time for the volunteers the first few times, as we get acclimated to our new location. We will still be the “Tupperware Team”; however, chairs and tables will be set up for us. The bridge is scheduled to be closed for at least 1 year. We will re-evaluate how we are serving the needs of patients, and plugging them into a medical home after the first of the year. In the meantime, we will continue to explore opportunities working with other programs, possibly arranging transportation for patients from the Mission or LAP, and working with the Center for People in Need to serve patients.

We are moving all of the clinic contents on **Saturday, October 27<sup>th</sup>**, meeting at **8:30 a.m.** at Lincoln Action Program. We need your Manpower! Be at Lincoln Action Program to help!

Stay Flexible! Our goal is to serve the people!

Thanks to each of you for your willingness to serve.

Clinic with a Heart is looking for individuals willing to volunteer time outside of clinic hours for the following positions. If interested please contact Cindi McNair at 402-432-0604 or [cmcnari@clinicwithaheart.org](mailto:cmcnari@clinicwithaheart.org).

- April Fundraiser Committee
- October Moving Team
- Administration help

### **Volunteer Testimonial, given by Jo Sheets**

*“Once more the humble will rejoice in the LORD; the needy will rejoice in the Holy One of Israel.” Isaiah 29:19*

I recently heard Miguel Pinell, director of [Heart to Honduras](#); speak at church about his wonderful ministry and how God has empowered him to touch the hearts of the needy. I’ve started to experience this in our medical mission at home, [Clinic with a Heart](#), and Miguel’s message really hit home with me.

I’ve known for some time now, that the work we do at Clinic with a Heart meets a certain need in our community, providing free health care for those without insurance or those going through some tough times in their lives. However, what struck me after hearing Miguel is that those who surround me each and every time we put on a clinic are, indeed, humble. It’s true. It’s not about wearing a big cross around your neck and just showing up to attend a weekly church service. It’s about “doing” from your heart with your eyes toward God.

The people who show up at Clinic with a Heart are humble servants. Many of them have been on mission trips, they volunteer in many other capacities and they exuberate faith. How very blessed I am to be surrounded by these people, these “doers” of good deeds as I truly need them in my life to inspire me to become more like them. This faith journey of mine is made just a little less rocky by their graceful presence and for that, I am humbled.

### ***Prayer:***

*Heavenly father, please continue to take me in Your direction while I live this earthly life and continue to lift me in spirit to quietly do good and serve others as I so often witness those around me doing. Thank you for opening this door for me and help me to serve with a humble heart as I walk down that path that leads to eternal life. Amen.*

# ***NOVEMBER 2007***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6 <b>St. Marks Primary Care Clinic</b> <i>1<sup>st</sup> Clinic at Center for People in Need</i>	7	8 <b>COG Meeting at 6:15 p.m.</b>	9	10
11	12 <b>Board of Directors Meeting at 5:15 p.m.</b>	13 <b>Chiropractic Care &amp; Physical Therapy Clinic</b>	14	15	16	17
18	19	20 <b>Southwood Lutheran Primary Care Clinic</b>	21	22 <b>Happy Thanksgiving!</b>	23	24
25	26	27	28	29	30	