

The Pulse

E-Newsletter from



June, 2007

www.clinicwithaheart.org

A Heart to Serve Others

Hundreds of people are helped through Clinic with a Heart. Here's one story we heard recently:

My friend's son went to Clinic with a Heart last night and was treated wonderfully. He's now started on his path to recovery. He's 23 years old, uninsured, has some severe anxiety and substance abuse problems. He was searching for help, but didn't know where to start. The Clinic with a Heart staff got him started on medications, made referrals to substance abuse counseling and started him down his journey.

Thanks, thanks, thanks for your help in getting him the treatment and support he needs!!

Giving from the Heart

Fund Raising

Raising funds to pay for such things as prescriptions, supplies, as well as office space, administrative help, and operations is a necessary part of our medical mission at home. Clinic with a Heart is a 501 (c) (3) organization, so all donations are deductible to the extent allowed by law.

Concert with a Cause

With supplemental funding by Thrivent Financial, more than \$5,000 was raised at Concert with a Cause held March 25, 2007 at Southwood Lutheran Church. Denise Makinson, Director of Music and Worship at Southwood, spearheaded this fundraiser which featured the choirs and musicians from all three anchor churches and PANgea Prep, a select percussion ensemble made up of students from the Lincoln Public Schools. Attendees said it was the "best concert ever" and plans are already being made to have a similar concert next year!

Second Annual Clinic with a Heart Fundraiser

More than 250 people attended the Second Annual Clinic with a Heart Fundraiser and more than \$37,000 was raised to help support operations of Clinic with a Heart. We'd like to thank and recognize

the volunteers and organizations that helped with the event by donating time, dollars, and/or Silent Auction items!

Corporate Donors Chair, Jeff Johnson
Volunteers Rob Rhodes, Dale Roehrs, Patrick Higgins, Alan Johnson, Nelda Hunt

Gold Level Corporate Donors
BryanLGH Medical Center
Johnson, Roehrs & Higgins
St. Elizabeth Regional Medical Center

Silver Level Donors

Double Eagle Beverage

Bronze Level Donors

Acklie Charitable Foundation
Farmers Mutual Insurance Company of Nebraska
First Plymouth Congregational Church
Pfizer, Inc.
Home Services of America
Merrill Lynch
Security Federal
UNICO Group
Union Bank
TierOne

Inkind Donations

Donna Roehrs, Chair Food and Decorations

Center for People in Need
Del Gould Meats
Jacob North Companies
Lincoln Poultry
Monie Hetrick, Graphic Design
Stem Gallery
Table Toppers

Silent Auction Donors

Lori Moore, Chair

Volunteers Leann Stofferahn, Kay Vonderschmidt, Caitlin Pleas, Susan Moore

Angie Smith, Applebee's Bar & Grill, Arthritis Center of Nebraska, Austad's Golf, Ayres Kahler, B & R Stores, Bed Bath & Beyond, Bison, Nebraska Sports Complex, Blu Velvet, Briarhurst True

Value, BryanLGH Medical Center, Bob and Sally Peterson, Bud & Vicky Breiner, Bujuon Day Spa, Burton's Floral, Buzzard Billy's, Cabela's, Campbell's Nursery, Captured Moments, Carolyn Simpson, Charles Balden, Charlie Calhoun, Cheryl Mayer, Chris Schmidt, Colleen Eubanks, The Cornhusker: a Marriott Hotel, Cornhusker Bank, Craddock Productions, Dale and DonnaRoehrs, Dr. Charles Genrich, Dr. Robert Rhodes, Dr. Lonnie and Jodell Albers, Donald L. Grohs, Doug and Audra Ostergard, Famous Dave's, Firethorn Golf Club, Gary Michael's Clothiers, General Excavating, Gemini Carpet Cleaning, Grab Bags, Green Gateau, Helen Fagan, Helen Strode, Henry Doorly Zoo, Hillcrest Country Club, Holiday Inn, HyVee Food Stores, Iasan & Sebastian, IMS Corporation, James Arthur Vineyards, Jim Cada, Joe Adams, Jo Sheets, Kay Vonderschmidt, Kelly Kubitschek, Knolls Country Club, Krem Le Bistro, Land Escapes, Lazlo's Bar & Grill, LeAnn Stofferahn, Lee Douglas Interiors, Lied Center for Performing Arts, LifePointe, Lincoln Children's Museum Lincoln Community Playhouse, Lincoln Racquet Club, Lincoln Saltdogs, Lincoln Stars, Macaroni Grill, Mark Graham, Mary Kuhlman, Nancy Wagner, Noelle Hooper, Omaha Community Playhouse, Oma-Link, "O" Street Carpets, Paper Panache, Peg Pierson, Peridot Boutique, Robert Otte, Ruth Haase, Salem Oil Company, Sartor Hamann, Schaefer's, Scheels, Scooter's, Sportscasters, Stem Gallery, Susan Moore, The Cookie Company, The Nebraska Club, Tranquility Day Spa, The Still, Todd & Denise Eilers, Trinity Chiropractic, Tuffy Auto, Unique by Design, White Orchid Spa, Williamson Honda, Windstream Communications

Volunteer News

Health 360 (Some excerpts from the Lancaster County Medical Society's Newsletter "Details")
Effective April 1, 2007, a new collaborative program called Health 360° was implemented in our community. Funded by the Community Health Endowment (CHE) of Lincoln, the goal of the program is to help individuals who have no healthcare coverage, establish a medical home and access specialty medical care services.

The Lancaster County Medical Society staff will be working in cooperation with the project partners to help case manage all Health 360° clients. LCMS staff will work directly with the client to help them choose a medical home, access medication assistance if needed through the Medication Assistance Program (MAPS) and to access specialty medical care if needed.

Project partners include Lancaster County Medical Society, Nebraska Urban Indian Center, People's Health Center, Lincoln Medical Education Partnership, Clinic with a Heart, Lincoln Lancaster County Health Department, and Midtown Transportation Center.

Clinic with a Heart volunteers will refer patients needing medical homes, medication assistance, or specialty medical care assistance directly to the Lancaster County Medical Society. This is a good addition to the Clinic with a Heart program, and we will welcome the opportunity for collaboration with other healthcare partners in Lincoln.

New patient referral forms are now available. Your Volunteer Coordinators will update Check-out volunteers on the process at your next clinic. If you have questions about the process or about this new program in Lincoln, please contact your Volunteer Coordinator.

New Administrative Assistant. Please welcome Mary Stilwell to Clinic with a Heart. Mary is the new Administrative Assistant and will be working part-time, providing support to the Executive Director, Volunteer Coordinators, and Board of Directors. Mary is back in Lincoln after living in Portland, Oregon where she helped develop a mobile dental program. She's a great new addition to Clinic with a Heart. To contact Mary, email mstilwell@centerforpeopleinneed.org.

New Office! Clinic with a Heart finally has an office. You can find it at Center for People in Need's new facility at 3901 N. 27th Street, Unit 1. Zip is 68521. It's a great facility! Thanks to Beatty Brasch and Deb Daily at the Center for People in Need for their help with office space.

Clinic with a Heart shirts are available. If you'd like one of the Clinic with a Heart shirts that you see some volunteers wearing during clinic hours (and around town), contact Jean Dier. Email: e_jeandier@msn.com. Several styles are available at difference price points, so you can pick the one that's right for you!

Letter from the Executive Director

As many of you already know, I'm stepping down as Executive Director at the end of this month. I've been with Clinic with a Heart since the idea was conceived on a Medical Mission trip to Reynosa, Mexico more than five years ago, and I am very proud of what we've accomplished since Clinic with a Heart opened its doors in May, 2003.

We've seen more than 1700 people and helped countless people with medical concerns and with prescriptions that helped keep them healthy, tiding them over until they could see the doctor in a permanent medical home. We've touched the lives of people from a variety of cultures, lifestyles, and religious traditions, and they've touched our lives, always changing us for the better.

I would be remiss in not thanking some of the people who have given their time, talent, and support to Clinic with a Heart, and have helped me, over the last five years. First, my thanks to the EXCELLENT volunteer coordinators: Cheryl Peterson, St. Mark's UMC; Charlene Dunbar, Saint Paul UMC; Jo Sheets, Southwood Lutheran; and Char McCave, Chiro night; who spend countless hours scheduling volunteers, helping with processes, and keeping their teams informed of changes at CWAH. In addition, Dr. Miles Tommeraasen, Clinic with a Heart's Medical Director, has been a valuable addition. Miles developed the prescription formulary that helps CWAH better manage

prescriptions and prescription costs, and when help is needed he steps in not only with his time but with his prayers for CWAH patients.

The original St. Mark's Medical Mission team of Peg Collins, David Wysong, Marilyn Allen, Tracy Hoeft-Hoffman, Joan and Bob Hoeft, Tom Hayes, Joan Martin, and of course Founder Dr. Rob Rhodes - who contributes so significantly to the Lincoln community - laid the foundation for Clinic with a Heart. A special thank you to Harry Windle who was always available to help me move exam tables, build shelves, make carts and look for new ways to make CWAH more efficient. The Lincoln Action Program coordinators Nicole McCoy, Damon Wilson, Rhonda Dutagross, Amber Russell, and Sheryl Haas, along with Directors Brian Mathers and Sue Hinrichs made a significant contribution. And each day, Jan Hauser, Deb Kittelson, Theo Banzhaf, Dillon Roberts – the front office staff at LAP, schedule appointments, make copies, check files, set up equipment, look for misplaced purses and portfolios, and provide countless hours of support to Clinic with a Heart and its volunteers.

Additional nonprofit providers in the community are valuable partners through the new Health 360 program (see above), as well as each of the anchor churches, Southwood Lutheran, Saint Paul United Methodist and St. Mark's, co-founders who welcomed and supported Clinic with a Heart. Funders such as Lincoln Community Outreach Foundation (who gave us our first grant to get us started), Building Strong Families Foundation, as well as BryanLGH and St Elizabeth help keep the doors open. My thanks also to Clay Naff, Executive Director of the Lincoln Literacy Council, who included Clinic with a Heart in a prestigious Robert Woods Johnson Foundation grant.

We've done good work so far and CWAH and its remarkable volunteers will continue helping neighbors in need. I will always support the mission of Clinic with a Heart, and look forward to seeing your continued impact on the community, particularly as you develop and build a new, much needed dental ministry.

Thank you to the patients who have trusted us, and to each of you - the 400+ people who volunteer with Clinic with a Heart either on-site at the Clinic, off-site with fundraisers and clerical support, with prayers and donations, or as members of the Board of Directors.

I am grateful to have had the opportunity to work with you.

Pat Carlson

Calendar
June – July 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
		St. Mark's Primary Care Clinic	D-Day (U.S.)			Queen's Birthday (U.K.)
10	11	12	13	14	15	16
Race Unity Day (Baha'i)	Board of Directors Meeting	Chiropractic Physical Therapy Clinic		Clinic Operations Group		
17	18	19	20	21	22	23
Father's Day (U.S.)	Juneteenth (U.S.)	Southwood Lutheran Primary Care Clinic		Solstice (International)		St. John's Eve (Christian)
24	25	26	27	28	29	30
Feast of St. John the Baptist (Christian)		Independence Day(Somalia) U.N. Charter Day (U.S.)	Independence Day (Djibouti)	Saint Paul UMC Primary Care Clinic		Asalhapuja (Buddhist) Independence Day (Zaire)
1	2	3	4	5	6	7
		St. Mark's Primary Care Clinic	Independence Day (U.S.)	Independence Day (Venezuela)	Jan Hus Day (Czech Republic)	
8	9	10	11	12	13	14
	Board of Directors Meeting	Chiropractic Physical Therapy Clinic		Clinic Operations Group	O-Bon (Japan)	Bastille Day (France)
15	16	17	18	19	20	21
		Southwood Lutheran Primary Care Clinic		Liberation Day (Nicaragua)	Independence Day (Colombia)	Liberation Day (Guam)
22	23	24	25	26	27	28
	Revolution Day (Egypt)	Pioneer Day (Latter Day Saints)	Constitution Day (Puerto Rico)	Saint Paul UMC Primary Care Clinic		
29	30	31				
		Feast of St. Ignatius Loyola (Spain)				